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Skincare: Soap. Homemade Recipes For All Types Of Skin.: Skin Remedies & Beauty



Synopsis

Do you know that your skin is the largest organ of your body? It performs several functions that are vital for your body and health. Skin protects you from mechanical, chemical and biological damage, regulates the body's temperature and responsible for the sense of touch. And, as all organs do, skin requires some treatment and care. The most common skin care product is soap – we use it every day. But not all of us know that there are different types of soap for each type of skin and using it inappropriately can cause your skin to look dry and ill. In this guide, you will learn how to determine what kind of soap your skin requires and how to make your own. A lot of people have probably never thought they could make their soap. On paper, it seems as though it would take a whole day, which would be frustrating, but in actual sense, it is surprisingly quick and easy. Even your grandma could do it. Therefore, you should consider making soap at home and overcome any harbored fear regarding the process. In this book, you will find everything you need to know about making soap at home – what equipment is required, what techniques and ingredients to use. I collected recipes for the most common disease and skin types such as dry skin, irritated skin, oily skin and developed unique recipes for all your needs. With these recipes, your skin will be clean and soft – you will look much younger and healthier. Is your skin oily or sensitive, or maybe you are looking something like a baby? Here you will find recipes for all occasions! Take a look at this guide – your skin will love it!

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Customer Reviews

This is such a great book filled with wonderful recipes for the entire body. I really enjoyed reading this book and the "recipes" and skin treatment made. This book has everything you need to know about making soap at home – what equipment is required, what techniques and ingredients to use. It also teaches how to determine what kind of soap your skin requires and how to make your own. Very helpful and useful. Will highly recommend this book.

Interesting book on various recipes to make soap. There is good information here about making your own diy solutions. Helpful for anyone looking to improve their skin.

It was a really good book about skincare soap recipes with so many healthy varieties for my skin. I'm really in love with this book....

Very interesting and useful book. It contains various recipes for cooking soap at home. I advise everyone to read it.

Excellent e-book, easy recipes, she gives the importance of why certain body and skin products are used for. A lot of the items are found in your kitchen. I think I would have liked to have more basic recipes.

Had no idea you could make your own soap. This is awesome! I think there are many health benefits to making your own products, especially what we put in and on our bodies. Great recipes!

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